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## **Bookbinding: Create your own Book Journal**

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### **QUICK GUIDELINE TO MAKE A PAMPHLET BOOK:**

#### **Preparing paper for text block:**

- Select paper and determine size.
- Fold, score, rip. Remember grain of paper must be parallel to the spine!
- Arrange different type of paper in desired order.

#### **Preparing cover:**

- Cut cover to size leaving a “hair” bigger than text block (fold, score, rip).
- Fold the cover (draw, lift, sharp crease; repeat until all folds are done);
- Check-up: Fit the text block inside cover to see if it fits well.

#### **Sewing the book:**

- Create a paper jig (sewing pattern), determine how many holes for pamphlet (min. 3).
- Transfer jig measurements to signature and cover by punching holes with awl.
- Measure an amount of linen thread (4 times height of book).
- Wax your linen thread if desired and secure your thread in needle.
- Start to sew on the middle hole (inside for knot on inside; or outside for knot on inside).
- Remember to sew/pull thread towards where you are sewing to avoid ripping paper.
- Create a butterfly stitch all along the spine.
- Close with square knot.
- Cut excess thread, leaving ¼” approx.

#### **Option for decorating the cover:**

- Use template of desired figure to cut out its silhouette on the cover.
- Place decorative paper on the inside flap of the cover.
- Adhere it with acid-free double sided tape.

# Bookbinding Resources:

## BOOKBINDING PLACES IN NYC:

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### **The Center for Book Arts**

*Bookbinding and letterpress classes; exhibitions; artist residencies; online database collection; store.*

28 West 27th St, 3rd Floor

New York, NY 10001

Gallery Hours: Mon-Fri 10am-6pm

Sat 10am-4pm

<http://www.centerforbookarts.org/>

### **Women's Studio Workshop**

*Classes; artist book's database collection.*

P.O. Box 489

Rosendale, NY 12472

<http://www.wsworkshop.org>

### **The Grolier Club**

*Temporary exhibitions.*

47 E 60th St, New York, NY 10065

[www.grolierclub.org](http://www.grolierclub.org)

### **The New York Public Library 42 St (Print Collection 3rd Floor)**

Prints, Photographs, Ephemera, Books

Stephen A. Schwarzman Building

Fifth Avenue at 42nd Street

New York, NY 10018-2788

<http://www.nypl.org>

## SUPPLIES LIST:

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### **Talas**

*Everything bookbinding!*

330 Morgan Ave

Brooklyn, NY 11211

<http://talasonline.com>

### **New York Central Art Supply**

*2nd floor—everything paper*

62 Third Avenue

New York, NY 10003

<http://www.nycentralart.com>

## RECOMMENDATION LIST: BOOKS ON BOOKS

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### **Keith Smith Books**

Very specialized bookbinding books:

"Structure of the Visual Book"

"Sewn and Pasted Cloth or Leather Bookbinding for Book Artists Requiring No Special Tools or Equipment"

"Non-Adhesive Binding Vol. I: Books Without Paste or Glue"

"Non-Adhesive Bookbinding Volume II: 1-2-& 3 Section Sewings"

"Non-Adhesive Binding Volume III: Exposed Spine Sewings"

"Non-Adhesive Binding Volume IV: Smith's Sewing Single Sheets"

### **Books @ New York Public Library:**

Golden, Alisa J.

Making handmade books : 100+ bindings, structures & forms.

New York : Lark Crafts, c2010.

Mauriello, Barbara.

Making memory boxes : box projects to make, give, and keep.

Gloucester, Mass. : Rockport Pub., c2000.

Rinehart, Benjamin D.

Creating books & boxes : fun and unique approaches to handmade structures.

Gloucester, Mass. : Quarry Books, 2007.